

# 16. SkyRun Messeturm Frankfurt - 01.06.2025

## Ergebnisliste M/W messeTurm -sprint-



61 Etagen - 1.200 Stufen - 213 Höhenmeter

| AK-Pl.                    | Name                         | Verein/Team/*Ort                 | Nat. | m/w | M/W | M/W-Pl. | Gesamt-Rang | Zeit    | Gap      | Startnr. |
|---------------------------|------------------------------|----------------------------------|------|-----|-----|---------|-------------|---------|----------|----------|
| <b>messeTurm -sprint-</b> |                              |                                  |      |     |     |         |             |         |          |          |
| <b>M</b>                  |                              |                                  |      |     |     |         |             |         |          |          |
| <b>m. Jugend I</b>        |                              |                                  |      |     |     |         |             |         |          |          |
| 1                         | Gebhart, Noah                | Treppen-AG Maier                 | GER  | M   | M   | 50      | 57          | 10:53,4 | +3:39,80 | S 302    |
| 2                         | Diedrigkeit, Thies           |                                  | GER  | M   | M   | 54      | 61          | 10:59,1 | +3:45,50 | S 306    |
| 3                         | Stieger, Noah                | Treppen-AG Maier                 | GER  | M   | M   | 56      | 63          | 10:59,3 | +3:45,70 | S 301    |
| 4                         | Fahrer, Tassilo              | Treppen-AG Maier                 | GER  | M   | M   | 59      | 68          | 11:13,4 | +3:59,80 | S 300    |
| 5                         | Vetterlein, Ben              | Team Vetterschlau                | GER  | M   | M   | 77      | 88          | 11:52,3 | +4:38,70 | S 80     |
| 6                         | Leinberger, Aaron            | Treppen-AG Maier                 | GER  | M   | M   | 80      | 92          | 11:56,0 | +4:42,40 | S 303    |
| 7                         | Zoller, Lucas                | *Frankfurt                       | GER  | M   | M   | 107     | 126         | 12:49,2 | +5:35,60 | S 167    |
| 8                         | Vetterlein, Tom              | Team Vetterschlau                | GER  | M   | M   | 129     | 158         | 13:36,6 | +6:23,00 | S 81     |
| 9                         | Latacz, Raphail              | FSV Hellas Schierstein 1968 e.V. | GER  | M   | M   | 162     | 200         | 14:49,0 | +7:35,40 | S 241    |
| 10                        | Latacz, Leonidas             | FSV Hellas Schierstein 1968 e.V. | GER  | M   | M   | 167     | 206         | 15:01,4 | +7:47,80 | S 242    |
| 11                        | Becker, Maxim                | Wegen dem Ausblick hier!         | GER  | M   | M   | 182     | 230         | 15:50,5 | +8:36,90 | S 239    |
| <b>m. Jugend II</b>       |                              |                                  |      |     |     |         |             |         |          |          |
| 1                         | Staufert, Nick               | Treppen-AG-Meier                 | GER  | M   | M   | 24      | 27          | 10:01,2 | +2:47,60 | S 249    |
| 2                         | Roth, Lennart                | Ski-Club Rückershausen           | GER  | M   | M   | 29      | 32          | 10:15,7 | +3:02,10 | S 57     |
| 3                         | Zoller, Jonas                | *Frankfurt                       | GER  | M   | M   | 37      | 42          | 10:26,1 | +3:12,50 | S 166    |
| 4                         | Gjavotchanoff, Elias         | *Grünkraut                       | GER  | M   | M   | 47      | 54          | 10:46,2 | +3:32,60 | S 298    |
| 5                         | Kaiser, Julian               | *Frankfurt                       | GER  | M   | M   | 61      | 71          | 11:22,2 | +4:08,60 | S 169    |
| 6                         | Kurg, Simon                  | Reuters                          | GER  | M   | M   | 87      | 100         | 12:04,8 | +4:51,20 | S 119    |
| 7                         | Asadi Dash Atan, Amirhossein | Spridon                          | GER  | M   | M   | 119     | 142         | 13:14,6 | +6:01,00 | S 193    |
| 8                         | Ahmed, Muhammad Faris        | Skillmix                         | PAK  | M   | M   | 126     | 153         | 13:30,7 | +6:17,10 | S 230    |
| 9                         | Delvaux, Luca                | CIS Steinfurt-Koerich            | LUX  | M   | M   | 138     | 168         | 13:56,3 | +6:42,70 | S 73     |
| <b>M20</b>                |                              |                                  |      |     |     |         |             |         |          |          |
| 1                         | Lo, Ching Chun               | *Chinese taipei                  | TPE  | M   | M   | 3       | 3           | 7:56,7  | +43,10   | S 146    |
| 2                         | Pfeil, Arved                 | Berliner Turnerschaft            | GER  | M   | M   | 7       | 7           | 8:28,3  | +1:14,70 | S 277    |
| 3                         | Janske-Drost, Raoul          | *Mainz                           | GER  | M   | M   | 14      | 16          | 9:29,5  | +2:15,90 | S 248    |
| 4                         | Smulders, Wesley             | *Tilburg                         | NED  | M   | M   | 28      | 31          | 10:13,9 | +3:00,30 | S 254    |
| 5                         | Eiserbeck, Tom               | *Königstein im Taunus            | GER  | M   | M   | 30      | 33          | 10:16,5 | +3:02,90 | S 265    |
| 6                         | Sihler, Alexander            | *Bad Homburg                     | GER  | M   | M   | 31      | 35          | 10:18,4 | +3:04,80 | S 122    |
| 7                         | Plumpe, Lucas                | CNDO Frankfurt                   | GER  | M   | M   | 42      | 47          | 10:34,8 | +3:21,20 | S 215    |

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| AK-Pl. | Name                      | Verein/Team/*Ort     | Nat. | m/w | M/W | M/W-Pl. | Gesamt-Rang | Zeit    | Gap       | Startnr. |
|--------|---------------------------|----------------------|------|-----|-----|---------|-------------|---------|-----------|----------|
| 8      | Plumpe, Leon              | Cndo                 | GER  | M   | M   | 46      | 52          | 10:41,7 | +3:28,10  | S 219    |
| 9      | Schuller, Christian       | *Utting am Ammersee  | GER  | M   | M   | 53      | 60          | 10:57,3 | +3:43,70  | S 92     |
| 10     | Damm, Timo                | *Bad Homburg         | GER  | M   | M   | 76      | 87          | 11:51,9 | +4:38,30  | S 221    |
| 11     | Heidrich, Jonas           | Diller run           | GER  | M   | M   | 92      | 105         | 12:11,8 | +4:58,20  | S 182    |
| 12     | Brunner, Alexander        | Baldurs Treppenhau 3 | GER  | M   | M   | 96      | 109         | 12:16,0 | +5:02,40  | MC 17-02 |
| 13     | Sihler, Maximilian        | *Bad Homburg         | GER  | M   | M   | 97      | 110         | 12:17,4 | +5:03,80  | S 121    |
| 14     | Egecenk, Almisoglu        | *Frankfurt Am Main   | GER  | M   | M   | 100     | 114         | 12:23,0 | +5:09,40  | S 48     |
| 15     | La Bernarda, Massimiliano | Baldurs Treppenhau 3 | GER  | M   | M   | 118     | 140         | 13:12,1 | +5:58,50  | MC 16-01 |
| 16     | Kaiser, Jonas             | *Frankfurt           | GER  | M   | M   | 125     | 151         | 13:26,1 | +6:12,50  | S 279    |
| 17     | Sabbagh, Tarek            | *Rodgau              | GER  | M   | M   | 134     | 163         | 13:50,4 | +6:36,80  | S 246    |
| 18     | Cebulla, Tim              | Ffm Gangstairs       | GER  | M   | M   | 137     | 167         | 13:52,4 | +6:38,80  | S 206    |
| 19     | Nguyen, Kevin             | Skillmix             | GER  | M   | M   | 151     | 186         | 14:30,5 | +7:16,90  | S 232    |
| 20     | Nikesch, Philip           | Ffm Gangstairs       | GER  | M   | M   | 158     | 196         | 14:44,6 | +7:31,00  | S 227    |
| 21     | Pottmeyer, Michael        | Ffm Gangstairs       | GER  | M   | M   | 160     | 198         | 14:47,3 | +7:33,70  | S 209    |
| 22     | Kolodziej, Till Tibur     | *Kaiserslautern      | GER  | M   | M   | 172     | 214         | 15:22,0 | +8:08,40  | S 127    |
| 23     | Kaya, Sezcan              | *Hofheim am Taunus   | GER  | M   | M   | 177     | 224         | 15:33,0 | +8:19,40  | S 286    |
| 24     | Samson Berhane, Simon     | *Frankfurt am Main   | GER  | M   | M   | 205     | 269         | 18:58,4 | +11:44,80 | S 187    |

### M30

|    |                        |                                   |     |   |   |    |    |         |          |       |
|----|------------------------|-----------------------------------|-----|---|---|----|----|---------|----------|-------|
| 1  | Soh, Wai Ching         | Malaysia Towerrunning Association | MAS | M | M | 2  | 2  | 7:32,9  | +19,30   | S 236 |
| 2  | Fischer, Tobias        | Towerrunning Germany              | GER | M | M | 4  | 4  | 7:58,1  | +44,50   | S 272 |
| 3  | Molitor, Christian     | Celtic Diekirch                   | LUX | M | M | 13 | 15 | 9:24,4  | +2:10,80 | S 136 |
| 4  | Ody, Timm              | LC Euskirchen                     | GER | M | M | 17 | 19 | 9:42,3  | +2:28,70 | S 151 |
| 5  | Hummel, Patrick        | *Riedstadt-Goddelau               | GER | M | M | 18 | 20 | 9:44,7  | +2:31,10 | S 188 |
| 6  | Weicker, Steffen       | Heut mal Radlos                   | GER | M | M | 19 | 22 | 9:56,5  | +2:42,90 | S 118 |
| 7  | Schliemann, Joachim    | *Oberursel                        | GER | M | M | 21 | 24 | 9:58,7  | +2:45,10 | S 3   |
| 8  | Fleischer, Dominique   | DekaBank Sportgemeinschaft        | GER | M | M | 23 | 26 | 10:00,8 | +2:47,20 | S 186 |
| 9  | Schmidt, Lukas         | Towerrunning Germany              | GER | M | M | 26 | 29 | 10:10,4 | +2:56,80 | S 7   |
| 10 | Karadaş, Hasan Hüseyin | Towerrunning Germany              | GER | M | M | 27 | 30 | 10:12,8 | +2:59,20 | S 5   |
| 11 | Leo, Luciano           | TWA                               | ITA | M | M | 33 | 37 | 10:20,2 | +3:06,60 | S 203 |
| 12 | Kaiser, Jan            | Heut mal Radlos                   | GER | M | M | 35 | 40 | 10:22,5 | +3:08,90 | S 117 |
| 13 | Koch, Vincent          | Noisehausen Festival              | GER | M | M | 36 | 41 | 10:22,9 | +3:09,30 | S 39  |
| 14 | Tuchen, Kevin          | CNDO Frankfurt                    | GER | M | M | 40 | 45 | 10:32,7 | +3:19,10 | S 217 |
| 15 | Zaoui, Djamal          | Silberrücken mit Pferdellunge     | GER | M | M | 41 | 46 | 10:33,6 | +3:20,00 | S 131 |
| 16 | Schlipf, Christian     | United Runners of Pfalz           | GER | M | M | 49 | 56 | 10:52,6 | +3:39,00 | S 297 |
| 17 | Düfel, Christian       | Stairmasters                      | GER | M | M | 51 | 58 | 10:54,1 | +3:40,50 | S 49  |
| 18 | Jahnz, Tim             | Skylicious                        | GER | M | M | 64 | 75 | 11:29,1 | +4:15,50 | S 251 |

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|--------|--------------------------|-------------------------------|------|-----|-----|---------|-------------|---------|-----------|----------|
| 19     | Schupp, Alexander        | *Niddatal                     | GER  | M   | M   | 67      | 78          | 11:30,6 | +4:17,00  | S 262    |
| 20     | Elflein, Phillip         | *Bremen                       | GER  | M   | M   | 71      | 82          | 11:37,6 | +4:24,00  | S 95     |
| 21     | Berger, Mortimer         | FC Gudesding Frankfurt        | GER  | M   | M   | 81      | 94          | 11:57,1 | +4:43,50  | S 116    |
| 22     | Grindenau, Joel          | Tower Running Germany e.V.    | GER  | M   | M   | 86      | 99          | 12:02,3 | +4:48,70  | S 172    |
| 23     | Thielmann, Henrik        | Eintracht Frankfurt Triathlon | GER  | M   | M   | 95      | 108         | 12:14,0 | +5:00,40  | S 61     |
| 24     | Welzer, Felix            | *Nauheim                      | GER  | M   | M   | 103     | 121         | 12:35,4 | +5:21,80  | S 201    |
| 25     | Küttner, Kai             | *Kelkheim                     | GER  | M   | M   | 112     | 131         | 13:02,1 | +5:48,50  | S 11     |
| 26     | Kaiser, Lucas            | Towerrunning Germany          | GER  | M   | M   | 114     | 135         | 13:07,5 | +5:53,90  | S 91     |
| 27     | Turner, Marc             | *Frankfurt                    | GER  | M   | M   | 120     | 144         | 13:16,5 | +6:02,90  | S 293    |
| 28     | Herrmann, Frederic       | *Kelkheim                     | GER  | M   | M   | 122     | 147         | 13:22,7 | +6:09,10  | S 299    |
| 29     | Völker, Timo             | *Großwallstadt                | GER  | M   | M   | 131     | 160         | 13:47,5 | +6:33,90  | S 129    |
| 30     | Böhm, Mark               | *Bensheim                     | GER  | M   | M   | 136     | 166         | 13:51,8 | +6:38,20  | S 229    |
| 31     | Metzner, Bastian         | *Hannover                     | GER  | M   | M   | 141     | 173         | 14:07,0 | +6:53,40  | S 94     |
| 32     | Schröder, Daniel         | Feuerwehr Wettenberg          | GER  | M   | M   | 143     | 176         | 14:08,5 | +6:54,90  | S 253    |
| 33     | Reinhardt, Lukas         | Kronberg hoch hinaus          | GER  | M   | M   | 146     | 179         | 14:13,0 | +6:59,40  | S 148    |
| 34     | Noll, Moritz             | Kronberg hoch hinaus          | GER  | M   | M   | 147     | 181         | 14:24,5 | +7:10,90  | S 147    |
| 35     | Imek, Volkan             | *Hofheim am Taunus            | GER  | M   | M   | 149     | 184         | 14:26,5 | +7:12,90  | S 285    |
| 36     | Alves Monteiro, Fabio    | 232Runners                    | GER  | M   | M   | 150     | 185         | 14:29,0 | +7:15,40  | S 196    |
| 37     | Heinemann, Julian        | *Frankfurt am Main            | GER  | M   | M   | 154     | 191         | 14:36,1 | +7:22,50  | S 107    |
| 38     | Welzer, Franz            | *Nauheim                      | GER  | M   | M   | 155     | 193         | 14:44,4 | +7:30,80  | S 200    |
| 39     | Mücke, Sascha            | *Frankfurt                    | GER  | M   | M   | 159     | 197         | 14:46,4 | +7:32,80  | S 105    |
| 40     | Eisenhardt, Tobias       | *Renningen                    | GER  | M   | M   | 161     | 199         | 14:47,5 | +7:33,90  | S 88     |
| 41     | Krause, Robin            | Ffm Gangstairs                | GER  | M   | M   | 166     | 205         | 15:00,1 | +7:46,50  | S 208    |
| 42     | Katzenstein, Philip-Leon | *Frankfurt                    | GER  | M   | M   | 168     | 209         | 15:08,4 | +7:54,80  | S 180    |
| 43     | Müller, Lukas            | *Frankfurt am Main            | GER  | M   | M   | 171     | 213         | 15:21,3 | +8:07,70  | S 222    |
| 44     | Schneider, Marc          | Towerrunning Germany          | GER  | M   | M   | 174     | 221         | 15:28,1 | +8:14,50  | S 228    |
| 45     | Duehrkopp, Tom           | *Bitte wählen                 | GER  | M   | M   | 178     | 225         | 15:38,0 | +8:24,40  | S 260    |
| 46     | Klingert, David          | *Hochheim am Main             | GER  | M   | M   | 183     | 231         | 15:58,3 | +8:44,70  | MC 14-01 |
| 47     | Ceynowa, Sebastian       | *Kelkheim                     | GER  | M   | M   | 187     | 236         | 16:06,9 | +8:53,30  | S 8      |
| 48     | Schmidt, Markus          | *Göppingen                    | GER  | M   | M   | 188     | 237         | 16:12,5 | +8:58,90  | S 128    |
| 49     | Kirchner, Arthur         | the meschiggenen              | GER  | M   | M   | 199     | 258         | 17:46,8 | +10:33,20 | S 234    |
| 50     | Becker, Sergej           | Wegen dem Ausblick hier!      | GER  | M   | M   | 206     | 270         | 19:07,3 | +11:53,70 | S 237    |
| 51     | Imek, Hacı               | *Hofheim am Taunus            | GER  | M   | M   | 215     | 290         | 27:54,6 | +20:41,00 | S 284    |

### M40

|   |                   |                      |     |   |   |   |   |        |          |      |
|---|-------------------|----------------------|-----|---|---|---|---|--------|----------|------|
| 1 | Riedl, Christian  | Towerrunning Germany | GER | M | M | 1 | 1 | 7:13,6 | -        | S 32 |
| 2 | Fruhmman, Andreas | Towerrunning Germany | GER | M | M | 6 | 6 | 8:27,4 | +1:13,80 | S 26 |

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| AK-Pl. | Name                   | Verein/Team/*Ort                              | Nat. | m/w | M/W | M/W-Pl. | Gesamt-Rang | Zeit    | Gap      | Startnr. |
|--------|------------------------|-----------------------------------------------|------|-----|-----|---------|-------------|---------|----------|----------|
| 3      | Toda Vericat, Marc     | CATALONIA                                     | ESP  | M   | M   | 8       | 8           | 8:28,9  | +1:15,30 | S 170    |
| 4      | Faruhn, Samuel         | *Irschenberg                                  | GER  | M   | M   | 9       | 9           | 8:40,4  | +1:26,80 | S 85     |
| 5      | Gall, Matthias         | Towerrunning Germany / ELT Großheubach        | GER  | M   | M   | 10      | 10          | 8:46,2  | +1:32,60 | MC 15-01 |
| 6      | Fiebig, Jan            | Towerrunning Germany e.V.                     | GER  | M   | M   | 11      | 11          | 9:11,7  | +1:58,10 | S 115    |
| 7      | Müller, Tim Nikolas    | Spiridon Frankfurt / SG All-Stars             | GER  | M   | M   | 12      | 14          | 9:24,0  | +2:10,40 | S 89     |
| 8      | Unger, Stefan          | SSC Hanau-Rodenbach                           | GER  | M   | M   | 22      | 25          | 10:00,2 | +2:46,60 | S 245    |
| 9      | Medvesek, Andreas      | Ludwigshafener Lauf-Club e.V.                 | GER  | M   | M   | 25      | 28          | 10:04,4 | +2:50,80 | S 66     |
| 10     | Brügge, Sebastian      | *Frechen                                      | GER  | M   | M   | 48      | 55          | 10:51,3 | +3:37,70 | S 18     |
| 11     | Russ, Matthias         | *Stuttgart                                    | GER  | M   | M   | 55      | 62          | 10:59,2 | +3:45,60 | S 183    |
| 12     | Schmidt, Johannes      | *Frankfurt am Main                            | GER  | M   | M   | 57      | 64          | 11:00,6 | +3:47,00 | S 191    |
| 13     | Drewitz, Jonas         | *Frankfurt                                    | GER  | M   | M   | 58      | 65          | 11:05,8 | +3:52,20 | S 243    |
| 14     | Röschlau, Torsten      | Team Vetterschlau                             | GER  | M   | M   | 62      | 73          | 11:26,9 | +4:13,30 | S 78     |
| 15     | Dahlemann, Andreas     | United Runners of Pfalz                       | GER  | M   | M   | 63      | 74          | 11:28,3 | +4:14,70 | S 112    |
| 16     | Kessler, Manuel        | Towerrunning Germany                          | GER  | M   | M   | 65      | 76          | 11:29,9 | +4:16,30 | S 17     |
| 17     | Asadi Dash Atan, Ahmad | Familie                                       | GER  | M   | M   | 66      | 77          | 11:30,3 | +4:16,70 | S 30     |
| 18     | Breitenbach, Thomas    | Werkfeuerwehr VACUUMSCHMELZE GmbH&Co.KG Hanau | GER  | M   | M   | 72      | 83          | 11:39,0 | +4:25,40 | S 72     |
| 19     | Zoller, Henryk         | *Frankfurt                                    | GER  | M   | M   | 83      | 96          | 12:00,7 | +4:47,10 | S 165    |
| 20     | Niederlntner, Dietrich | *Frankfurt                                    | GER  | M   | M   | 90      | 103         | 12:11,1 | +4:57,50 | S 294    |
| 21     | Bub, Manuel            | *Oberhausen-Rheinhausen                       | GER  | M   | M   | 93      | 106         | 12:12,2 | +4:58,60 | S 282    |
| 22     | Linder, Thomas         | *Wiesbaden                                    | GER  | M   | M   | 94      | 107         | 12:13,0 | +4:59,40 | S 113    |
| 23     | Seidler, Daniel        | Towerrunning Germany                          | GER  | M   | M   | 98      | 111         | 12:20,4 | +5:06,80 | S 52     |
| 24     | Weise, Gilbert         | *Heusenstamm                                  | GER  | M   | M   | 99      | 113         | 12:22,8 | +5:09,20 | S 110    |
| 25     | Schlicht, Jens         | DekaBank Sportgemeinschaft                    | GER  | M   | M   | 101     | 116         | 12:28,3 | +5:14,70 | S 184    |
| 26     | Hertz, Marius          | *Frankfurt                                    | GER  | M   | M   | 104     | 122         | 12:36,5 | +5:22,90 | S 176    |
| 27     | Hoehn, Thomas          | *Frankfurt am Main                            | GER  | M   | M   | 106     | 125         | 12:44,7 | +5:31,10 | S 132    |
| 28     | Pfiffer, Marcel P.     | *Bad Homburg v.d. Höhe                        | GER  | M   | M   | 108     | 127         | 12:50,1 | +5:36,50 | S 305    |
| 29     | Körner-Leontidis, Kai  | One Member Society                            | GER  | M   | M   | 111     | 130         | 13:01,6 | +5:48,00 | S 292    |
| 30     | Taphorn, Christian     | SV Union Meppen                               | GER  | M   | M   | 113     | 132         | 13:02,7 | +5:49,10 | S 68     |
| 31     | Vetterlein, Steffen    | Team Vetterschlau                             | GER  | M   | M   | 116     | 138         | 13:10,5 | +5:56,90 | S 79     |
| 32     | Hermann, Patrick       | AV Hardt                                      | GER  | M   | M   | 123     | 149         | 13:24,3 | +6:10,70 | S 38     |
| 33     | Klingler, Carsten      | *Frankfurt                                    | GER  | M   | M   | 133     | 162         | 13:49,9 | +6:36,30 | S 281    |
| 34     | Bengert, Peter         | *Römerberg                                    | GER  | M   | M   | 153     | 189         | 14:33,5 | +7:19,90 | S 155    |
| 35     | Becker, Alexander      | Wegen dem Ausblick hier!                      | GER  | M   | M   | 179     | 227         | 15:41,6 | +8:28,00 | S 240    |
| 36     | Imek, Salman           | *Hofheim am Taunus                            | GER  | M   | M   | 181     | 229         | 15:50,4 | +8:36,80 | S 283    |
| 37     | Hegger, Alexander      | SV Union Meppen                               | GER  | M   | M   | 185     | 233         | 16:01,3 | +8:47,70 | S 67     |
| 38     | Greif, Kalle           | Towerrunning Germany                          | GER  | M   | M   | 189     | 238         | 16:13,4 | +8:59,80 | S 156    |
| 39     | Zastrow, Arne          | *Frankfurt am Main                            | GER  | M   | M   | 191     | 241         | 16:39,5 | +9:25,90 | S 171    |

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|------------|------------------------|-------------------------------------------|------|-----|-----|---------|-------------|---------|-----------|----------|
| 40         | Ronneberger, Sven      | *Mühlheim am Main                         | GER  | M   | M   | 194     | 245         | 16:49,5 | +9:35,90  | S 174    |
| 41         | Imek, Hüseyin          | *Hofheim am Taunus                        | GER  | M   | M   | 204     | 266         | 18:45,1 | +11:31,50 | S 287    |
| 42         | Imek, Naci             | *Hofheim am Taunus                        | GER  | M   | M   | 209     | 278         | 19:43,4 | +12:29,80 | S 276    |
| <b>M50</b> |                        |                                           |      |     |     |         |             |         |           |          |
| 1          | Heimann, Görg          | Towerrunning Germany                      | GER  | M   | M   | 5       | 5           | 8:14,8  | +1:01,20  | S 179    |
| 2          | Schneider, Michael     | GaitView Lauflabor / Towerrunning Germany | GER  | M   | M   | 15      | 17          | 9:37,9  | +2:24,30  | S 210    |
| 3          | Burger, Mario          | Laufclub LC Blueliner                     | GER  | M   | M   | 16      | 18          | 9:39,9  | +2:26,30  | S 16     |
| 4          | Krause, Jürgen         | *Offenbach                                | GER  | M   | M   | 20      | 23          | 9:58,2  | +2:44,60  | S 268    |
| 5          | Schliemann, Hans-Peter | Towerrunning Germany                      | GER  | M   | M   | 38      | 43          | 10:31,3 | +3:17,70  | S 4      |
| 6          | Zöllner, Mario         | *Frankfurt (Main)                         | GER  | M   | M   | 39      | 44          | 10:31,6 | +3:18,00  | S 125    |
| 7          | Cebulla, Jörg          | Ffm Gangstairs                            | GER  | M   | M   | 43      | 48          | 10:37,9 | +3:24,30  | S 204    |
| 8          | Seher, Michael         | Towerrunning Germany                      | GER  | M   | M   | 44      | 49          | 10:38,1 | +3:24,50  | MC 9-01  |
| 9          | Abele, Rupert          | LT Reifenberg                             | GER  | M   | M   | 52      | 59          | 10:56,0 | +3:42,40  | S 257    |
| 10         | Kantelhardt, Wolf      | DUV e.V.                                  | GER  | M   | M   | 60      | 69          | 11:15,4 | +4:01,80  | S 36     |
| 11         | Frerichs, Martin       | Fun-Ball Dortelweil                       | GER  | M   | M   | 70      | 81          | 11:35,2 | +4:21,60  | S 250    |
| 12         | Hoffmeier, Klaus       | GenXPro                                   | GER  | M   | M   | 75      | 86          | 11:47,0 | +4:33,40  | MC 20-01 |
| 13         | Stillger, Thomas       | *Frankfurt                                | GER  | M   | M   | 78      | 89          | 11:52,5 | +4:38,90  | S 159    |
| 14         | Braulke, Tim           | Eintracht Frankfurt Triathlon             | GER  | M   | M   | 82      | 95          | 11:59,6 | +4:46,00  | S 123    |
| 15         | Eberhard, Jörg         | Grafschaft                                | GER  | M   | M   | 84      | 97          | 12:00,9 | +4:47,30  | S 54     |
| 16         | Brindl, Jörg           | TV Windecken                              | GER  | M   | M   | 88      | 101         | 12:09,0 | +4:55,40  | S 19     |
| 17         | Keller, Christoph      |                                           | GER  | M   | M   | 102     | 118         | 12:30,5 | +5:16,90  | S 231    |
| 18         | Kleinschmidt, Andreas  | SG Steinberg / Glashütten                 | GER  | M   | M   | 110     | 129         | 12:57,0 | +5:43,40  | S 9      |
| 19         | Kurt, Hassan           | Team Reverse Runners e.V.                 | GER  | M   | M   | 117     | 139         | 13:10,7 | +5:57,10  | MC 11-01 |
| 20         | Kalugin, Yury          | *Frankfurt am Main                        | RUS  | M   | M   | 121     | 145         | 13:18,4 | +6:04,80  | S 266    |
| 21         | Hass, Jochen           | Igelfreunde Mettingen                     | GER  | M   | M   | 127     | 154         | 13:30,7 | +6:17,10  | S 143    |
| 22         | Stock, Oliver          | SWR Freiburg                              | GER  | M   | M   | 128     | 155         | 13:31,9 | +6:18,30  | S 31     |
| 23         | Köhler, Sven           | *Bruchköbel                               | GER  | M   | M   | 130     | 159         | 13:46,9 | +6:33,30  | S 102    |
| 24         | Schmitt, Volker        | Spiridon Frankfurt                        | GER  | M   | M   | 135     | 164         | 13:51,5 | +6:37,90  | MC 21-01 |
| 25         | Geiger, Dirk           | *Seeheim-Jugenheim                        | GER  | M   | M   | 139     | 169         | 13:57,8 | +6:44,20  | S 120    |
| 26         | Roberts, Brad          | *Frankfurt am Main                        | AUS  | M   | M   | 142     | 175         | 14:08,4 | +6:54,80  | S 175    |
| 27         | Yakoubi, Dominik       | *Grossenlöder                             | GER  | M   | M   | 152     | 188         | 14:33,3 | +7:19,70  | S 97     |
| 28         | Waldvogel, Harald      | *Oberstdorf                               | GER  | M   | M   | 163     | 201         | 14:49,3 | +7:35,70  | MC 18-01 |
| 29         | Rott, Gerhard          | TuS Breitscheid                           | GER  | M   | M   | 165     | 203         | 14:59,2 | +7:45,60  | S 144    |
| 30         | Menzel, Kai            | SKV Mörfelden/ Team Möwathlon             | GER  | M   | M   | 170     | 211         | 15:19,7 | +8:06,10  | S 244    |
| 31         | Niescher, Jörg         | Team K, K & J                             | GER  | M   | M   | 173     | 219         | 15:26,9 | +8:13,30  | S 140    |
| 32         | Windecker, Jürgen      | Bergwacht Hessen Gr. Feldberg             | GER  | M   | M   | 176     | 223         | 15:31,1 | +8:17,50  | S 264    |

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## Ergebnisliste M/W messeTurm -sprint-



| AK-Pl.     | Name                     | Verein/Team/*Ort                             | Nat. | m/w | M/W | M/W-Pl. | Gesamt-Rang | Zeit    | Gap       | Startnr. |
|------------|--------------------------|----------------------------------------------|------|-----|-----|---------|-------------|---------|-----------|----------|
| 33         | Mellenthin, Stefan       | Towerrunning Germany                         | GER  | M   | M   | 195     | 246         | 16:51,4 | +9:37,80  | S 29     |
| 34         | Klüh, Matthias           | Deutsche Post                                | GER  | M   | M   | 201     | 261         | 18:00,9 | +10:47,30 | S 62     |
| 35         | Leenheer, Frank          | *Wiesbaden                                   | GER  | M   | M   | 202     | 262         | 18:17,2 | +11:03,60 | S 74     |
| 36         | Sousa, Álvaro            | 232Runners                                   | GER  | M   | M   | 203     | 264         | 18:19,7 | +11:06,10 | S 197    |
| 37         | Kindt, Olaf              | Skyline Plaza Frankfurt                      | GER  | M   | M   | 207     | 271         | 19:16,7 | +12:03,10 | S 269    |
| 38         | Bektas, Özcan            | *Hofheim am Taunus                           | GER  | M   | M   | 208     | 274         | 19:30,4 | +12:16,80 | S 288    |
| 39         | Schgeiner, Helmut        | *Frankfurt am Main                           | GER  | M   | M   | 212     | 286         | 21:51,1 | +14:37,50 | S 35     |
| <b>M60</b> |                          |                                              |      |     |     |         |             |         |           |          |
| 1          | Flor, Siegfried          | Towerrunning Germany                         | GER  | M   | M   | 32      | 36          | 10:19,0 | +3:05,40  | S 45     |
| 2          | Maier, Franz             | Towerrunning Germany                         | GER  | M   | M   | 34      | 38          | 10:21,8 | +3:08,20  | S 291    |
| 3          | Gomboc, Silvester        | Bodočnost                                    | SLO  | M   | M   | 45      | 51          | 10:39,3 | +3:25,70  | S 6      |
| 4          | Janssen, Heere Dirks     | Berliner Turnerschaft                        | GER  | M   | M   | 68      | 79          | 11:32,9 | +4:19,30  | S 278    |
| 5          | Leitheiser, David        | Towerrunning Germany                         | GER  | M   | M   | 69      | 80          | 11:33,8 | +4:20,20  | S 109    |
| 6          | Kaiser, Manfred          | Towerrunning Germany                         | GER  | M   | M   | 73      | 84          | 11:44,5 | +4:30,90  | MC 1-01  |
| 7          | Büchele, Peter           | TSV Krofdorf- Gleiberg                       | GER  | M   | M   | 74      | 85          | 11:45,6 | +4:32,00  | S 214    |
| 8          | Welzer, Dirk             | *Nauheim                                     | GER  | M   | M   | 79      | 90          | 11:53,0 | +4:39,40  | S 199    |
| 9          | Sihler, Jörg             | *Bad Homburg                                 | GER  | M   | M   | 85      | 98          | 12:01,7 | +4:48,10  | S 100    |
| 10         | Schlett, Stefan          | Bad Sodener Musikstiftung                    | GER  | M   | M   | 89      | 102         | 12:11,0 | +4:57,40  | MC 19-01 |
| 11         | Ochs, Andreas            | *Bad Vilbel                                  | GER  | M   | M   | 91      | 104         | 12:11,4 | +4:57,80  | S 194    |
| 12         | Toffano, Roberto         | Atl. Alta Valtellina                         | ITA  | M   | M   | 105     | 123         | 12:37,4 | +5:23,80  | MC 3-01  |
| 13         | Hientzsch, Andreas       | *Sachsenheim                                 | GER  | M   | M   | 115     | 137         | 13:10,0 | +5:56,40  | S 53     |
| 14         | Link, Bernhard           | TOWERRUNNING GERMANY                         | GER  | M   | M   | 124     | 150         | 13:25,0 | +6:11,40  | S 270    |
| 15         | Trabant, Klaus-Jürgen    | HTRC                                         | GER  | M   | M   | 140     | 172         | 14:04,2 | +6:50,60  | S 98     |
| 16         | Rehfeld, Udo             | FF-Frankfurt Niederrad e.V.                  | GER  | M   | M   | 144     | 177         | 14:11,2 | +6:57,60  | S 274    |
| 17         | Prieto Medrano, Giovanni | Towerrunning germany                         | COL  | M   | M   | 145     | 178         | 14:11,2 | +6:57,60  | MC 6-01  |
| 18         | Läufer, Andreas          | Towerrunning Germany / TSV Krofdorf-Gleiberg | GER  | M   | M   | 148     | 183         | 14:26,5 | +7:12,90  | S 1      |
| 19         | Dietrich, Dennis         | Team Dietrich                                | GER  | M   | M   | 157     | 195         | 14:44,6 | +7:31,00  | S 104    |
| 20         | Wolf, Peter              | TV 1867 Bad Sobernheim                       | GER  | M   | M   | 164     | 202         | 14:53,2 | +7:39,60  | S 142    |
| 21         | Runge, Alexander         | VielfaltWohnen in Kelkheim                   | GER  | M   | M   | 169     | 210         | 15:11,4 | +7:57,80  | S 10     |
| 22         | Heidrich, Joachim        | Diller run                                   | GER  | M   | M   | 180     | 228         | 15:47,4 | +8:33,80  | S 181    |
| 23         | Bitter, Stefan           | Towerrunning-germany.de/LG WITTGENSTEIN      | GER  | M   | M   | 184     | 232         | 15:58,8 | +8:45,20  | S 41     |
| 24         | Arndt, Arnulf            | Bindweider Steiger                           | GER  | M   | M   | 186     | 235         | 16:06,5 | +8:52,90  | S 64     |
| 25         | Schulz, Stefan           | *Mackenbach                                  | GER  | M   | M   | 190     | 239         | 16:14,7 | +9:01,10  | S 2      |
| 26         | Reiss, Karl              | TRG                                          | GER  | M   | M   | 193     | 244         | 16:42,3 | +9:28,70  | MC 10-01 |
| 27         | Sparano, Fabrizio        | *Firenze                                     | ITA  | M   | M   | 210     | 280         | 19:59,7 | +12:46,10 | S 93     |
| 28         | Kaiser, Manfred          | Towerrunning Germany / Reverse Running       | GER  | M   | M   | 211     | 285         | 21:20,8 | +14:07,20 | S 226    |

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## Ergebnisliste M/W messeTurm -sprint-



| AK-Pl.     | Name               | Verein/Team/*Ort                      | Nat. | m/w | M/W | M/W-Pl. | Gesamt-Rang | Zeit    | Gap       | Startnr. |
|------------|--------------------|---------------------------------------|------|-----|-----|---------|-------------|---------|-----------|----------|
| <b>M70</b> |                    |                                       |      |     |     |         |             |         |           |          |
| 1          | Ninas, Peter       | Towerrunning Germany                  | GER  | M   | M   | 109     | 128         | 12:51,4 | +5:37,80  | MC 5-01  |
| 2          | Schneegaß, Rainer  | Leipzig                               | GER  | M   | M   | 132     | 161         | 13:49,8 | +6:36,20  | S 46     |
| 3          | Knichel, Berthold  | Towerrunning Germany                  | GER  | M   | M   | 156     | 194         | 14:44,5 | +7:30,90  | S 161    |
| 4          | Dubberstein, Willi | LG Rodgau                             | GER  | M   | M   | 175     | 222         | 15:28,9 | +8:15,30  | S 168    |
| 5          | Huber, Helmut      | LC RON-HILL Berlin                    | GER  | M   | M   | 192     | 243         | 16:41,2 | +9:27,60  | S 69     |
| 6          | Herbst, Klaus      | *Mainz                                | GER  | M   | M   | 196     | 251         | 17:05,6 | +9:52,00  | S 133    |
| 7          | Hansen, Rolf       | Towerrunning Germany                  | GER  | M   | M   | 197     | 254         | 17:21,9 | +10:08,30 | S 162    |
| <b>M80</b> |                    |                                       |      |     |     |         |             |         |           |          |
| 1          | Frei, Dr. Jürgen   | Bad Sodener Musikstiftung Jürgen Frei | GER  | M   | M   | 198     | 256         | 17:30,6 | +10:17,00 | MC 7-02  |
| 2          | Toma, Yousif       | *Frankfurt / M                        | GER  | M   | M   | 213     | 287         | 23:06,3 | +15:52,70 | S 235    |
| 3          | Pavkovic, Josip    |                                       | GER  | M   | M   | 214     | 289         | 24:02,5 | +16:48,90 | S 307    |
| <b>M85</b> |                    |                                       |      |     |     |         |             |         |           |          |
| 1          | Pressler, Günter   | Altenstadt                            | GER  | M   | M   | 200     | 259         | 17:58,8 | +10:45,20 | S 20     |
| 2          | Klittich, Manfred  | TV Bommersheim                        | GER  | M   | M   | 217     | 292         | 35:23,7 | +28:10,10 | S 289    |
| <b>M90</b> |                    |                                       |      |     |     |         |             |         |           |          |
| 1          | Bader, Erhard      | LC RON-HILL Berlin                    | GER  | M   | M   | 216     | 291         | 29:43,1 | +22:29,50 | S 60     |

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## Ergebnisliste M/W messeTurm -sprint-



| AK-Pl.              | Name                       | Verein/Team/*Ort                       | Nat. | m/w | M/W | M/W-Pl. | Gesamt-Rang | Zeit    | Gap      | Startnr. |
|---------------------|----------------------------|----------------------------------------|------|-----|-----|---------|-------------|---------|----------|----------|
| <b>W</b>            |                            |                                        |      |     |     |         |             |         |          |          |
| <b>w. Jugend I</b>  |                            |                                        |      |     |     |         |             |         |          |          |
| 1                   | Becker, Maja               | Wegen dem Ausblick hier!               | GER  | W   | W   | 57      | 253         | 17:19,9 | +7:57,10 | S 238    |
| <b>w. Jugend II</b> |                            |                                        |      |     |     |         |             |         |          |          |
| 1                   | Seher, Sarah               | Towerrunning Germany                   | GER  | W   | W   | 2       | 13          | 9:23,3  | +00,50   | MC 8-01  |
| 2                   | Seher, Annika              | Towerrunning Germany                   | GER  | W   | W   | 46      | 218         | 15:24,7 | +6:01,90 | S 43     |
| <b>W20</b>          |                            |                                        |      |     |     |         |             |         |          |          |
| 1                   | Eckhardt, Lara Elea        | LAC Frankenthal / Towerrunning Germany | GER  | W   | W   | 3       | 21          | 9:53,8  | +31,00   | S 27     |
| 2                   | Abele, Franziska           | LT Reifenberg                          | GER  | W   | W   | 10      | 70          | 11:20,8 | +1:58,00 | S 258    |
| 3                   | Graubner, Franca           | *Frankfurt                             | GER  | W   | W   | 11      | 72          | 11:25,2 | +2:02,40 | S 124    |
| 4                   | Damm, Charlotte Isabel     | Spiridon Frankfurt                     | GER  | W   | W   | 12      | 91          | 11:55,9 | +2:33,10 | S 304    |
| 5                   | Bodenschatz, Kira          | *Witten                                | GER  | W   | W   | 13      | 93          | 11:57,1 | +2:34,30 | S 137    |
| 6                   | Glomm, Jelena              | *Frankfurt am Main                     | GER  | W   | W   | 14      | 112         | 12:22,3 | +2:59,50 | S 223    |
| 7                   | Walther, Leonie            | *Frankfurt                             | GER  | W   | W   | 16      | 117         | 12:30,1 | +3:07,30 | S 220    |
| 8                   | Meister, Pauline           | *Bad Vilbel                            | GER  | W   | W   | 18      | 120         | 12:33,3 | +3:10,50 | S 216    |
| 9                   | Steinkühler, Ilka          | DekaBank Sportgemeinschaft             | GER  | W   | W   | 19      | 124         | 12:40,6 | +3:17,80 | S 185    |
| 10                  | Vitt, Antonia              | CNDO                                   | GER  | W   | W   | 20      | 133         | 13:03,5 | +3:40,70 | S 218    |
| 11                  | Waldschmidt, Luisa         | Ffm Gangstairs                         | GER  | W   | W   | 22      | 136         | 13:09,1 | +3:46,30 | S 205    |
| 12                  | Tirabosco, Bianca          | TWA                                    | ITA  | W   | W   | 23      | 141         | 13:13,6 | +3:50,80 | S 202    |
| 13                  | Kopp, Lisa Sophie          | *Frankfurt am Main                     | GER  | W   | W   | 26      | 148         | 13:22,8 | +4:00,00 | S 280    |
| 14                  | Rott, Tabea                | TuS Breitscheid                        | GER  | W   | W   | 32      | 171         | 14:03,0 | +4:40,20 | S 145    |
| 15                  | Schwäch, Carolin           | *Riedstadt                             | GER  | W   | W   | 34      | 180         | 14:18,4 | +4:55,60 | S 256    |
| 16                  | Alvarado Mauriello, Albani | *Frankfurt am Main                     | GER  | W   | W   | 38      | 192         | 14:42,7 | +5:19,90 | S 134    |
| 17                  | Constant, Madeleine        | Ffm Gangstairs                         | GER  | W   | W   | 40      | 207         | 15:03,3 | +5:40,50 | S 207    |
| 18                  | Nikesch, Susann            | Ffm Gangstairs                         | GER  | W   | W   | 58      | 255         | 17:27,4 | +8:04,60 | S 211    |
| <b>W30</b>          |                            |                                        |      |     |     |         |             |         |          |          |
| 1                   | Muschwitz, Verena          | Team Muschwitz                         | GER  | W   | W   | 8       | 66          | 11:08,6 | +1:45,80 | S 21     |
| 2                   | Bons, Johanna              | *Kriftel                               | GER  | W   | W   | 24      | 143         | 13:16,2 | +3:53,40 | S 190    |
| 3                   | Oeller, Sonja              | *Frankfurt am Main                     | GER  | W   | W   | 28      | 156         | 13:32,1 | +4:09,30 | S 149    |
| 4                   | Steinmann, Franziska       | Eintracht Frankfurt Triathlon          | GER  | W   | W   | 29      | 157         | 13:35,1 | +4:12,30 | S 192    |
| 5                   | Geib, Katharina            | *Frankfurt                             | GER  | W   | W   | 31      | 170         | 13:58,4 | +4:35,60 | S 150    |
| 6                   | Strunk, Kristina           | *Wiesbaden                             | GER  | W   | W   | 33      | 174         | 14:07,4 | +4:44,60 | S 58     |
| 7                   | Schnepf, Julia             | the meschiggenen                       | GER  | W   | W   | 41      | 208         | 15:06,0 | +5:43,20 | S 233    |
| 8                   | Wonner, Anja               | *Frankfurt am Main                     | GER  | W   | W   | 42      | 212         | 15:20,8 | +5:58,00 | S 296    |

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## Ergebnisliste M/W messeTurm -sprint-



| AK-Pl. | Name                  | Verein/Team/*Ort | Nat. | m/w | M/W | M/W-Pl. | Gesamt-Rang | Zeit    | Gap       | Startnr. |
|--------|-----------------------|------------------|------|-----|-----|---------|-------------|---------|-----------|----------|
| 9      | Grimm, Simona         | Skylicious       | GER  | W   | W   | 45      | 217         | 15:23,9 | +6:01,10  | S 252    |
| 10     | Gönnner, Leonie       | Mara-tonis       | GER  | W   | W   | 48      | 226         | 15:38,9 | +6:16,10  | S 213    |
| 11     | Stickel, Helen        | *Bad Homburg     | GER  | W   | W   | 50      | 240         | 16:31,5 | +7:08,70  | S 12     |
| 12     | Borrometi, Maria      | *Bad Homburg     | GER  | W   | W   | 52      | 247         | 16:51,8 | +7:29,00  | S 163    |
| 13     | Pieniadz, Stefanie    | *Frankfurt       | GER  | W   | W   | 54      | 249         | 16:59,4 | +7:36,60  | S 47     |
| 14     | Ursić-Hasiri, Mandana | *Friedrichsdorf  | GER  | W   | W   | 67      | 275         | 19:33,0 | +10:10,20 | S 164    |
| 15     | Eichler, Sandra       | *Hamburg         | GER  | W   | W   | 68      | 276         | 19:37,4 | +10:14,60 | S 106    |
| 16     | Wai, Ching            |                  | GER  | W   | W   | 71      | 281         | 20:02,9 | +10:40,10 | S 308    |

### W40

|    |                         |                                               |     |   |   |    |     |         |           |          |
|----|-------------------------|-----------------------------------------------|-----|---|---|----|-----|---------|-----------|----------|
| 1  | Blaise-Sohnius, Adele   | LAZ Rhein-Sieg / Towerrunning Germany         | CAN | W | W | 1  | 12  | 9:22,8  | -         | S 96     |
| 2  | Henneken, Claudia Maria | Towerrunning Germany                          | GER | W | W | 4  | 34  | 10:18,0 | +55,20    | S 154    |
| 3  | Berg, Isabelle          | Towerrunning Germany / TVR                    | GER | W | W | 5  | 39  | 10:21,9 | +59,10    | MC 13-01 |
| 4  | Never, Vivien           | SG Adelsberg                                  | GER | W | W | 6  | 50  | 10:38,7 | +1:15,90  | S 267    |
| 5  | Ayoughi-Müller, Sarah   | *Frankfurt am Main                            | GER | W | W | 7  | 53  | 10:43,6 | +1:20,80  | S 90     |
| 6  | Afzalabadi, Samaneh     | Sport Zentrum                                 | GER | W | W | 30 | 165 | 13:51,8 | +4:29,00  | S 271    |
| 7  | Sayed Ahmed, Sarah      | *Dreieich                                     | GER | W | W | 35 | 182 | 14:25,3 | +5:02,50  | S 24     |
| 8  | Bilz, Jasmin            | Werkfeuerwehr VACUUMSCHMELZE GmbH&Co.KG Hanau | GER | W | W | 37 | 190 | 14:34,7 | +5:11,90  | S 71     |
| 9  | Grundmann, Nina         | *Frankfurt am Main                            | GER | W | W | 44 | 216 | 15:22,6 | +5:59,80  | S 56     |
| 10 | Gutjahr, Helene         | *Bitburg                                      | GER | W | W | 49 | 234 | 16:02,1 | +6:39,30  | S 189    |
| 11 | Sagawe, Nicole          | *Neuberg                                      | GER | W | W | 53 | 248 | 16:52,4 | +7:29,60  | S 173    |
| 12 | Ropel, Martina          | *Friedrichsdorf                               | GER | W | W | 55 | 250 | 17:01,5 | +7:38,70  | S 178    |
| 13 | Krumma, Verena          | *Wiernsheim                                   | GER | W | W | 59 | 257 | 17:35,1 | +8:12,30  | S 83     |
| 14 | Reum, Nathalie          | *Frankfurt                                    | GER | W | W | 60 | 260 | 17:59,2 | +8:36,40  | S 224    |
| 15 | Solte, Astrid           | *Frankfurt                                    | GER | W | W | 61 | 263 | 18:18,9 | +8:56,10  | S 153    |
| 16 | Zibert, Kathrin-Isabel  | *Mainz                                        | GER | W | W | 64 | 268 | 18:54,3 | +9:31,50  | MC 12-01 |
| 17 | El Machit, Kapka        | Team K, K & J                                 | GER | W | W | 65 | 272 | 19:17,6 | +9:54,80  | S 139    |
| 18 | Auer, Angelika          | *Mainz                                        | GER | W | W | 72 | 282 | 20:03,1 | +10:40,30 | S 160    |
| 19 | Westerfeld, Kerstin     | Team K, K & J                                 | GER | W | W | 73 | 283 | 20:05,6 | +10:42,80 | S 138    |

### W50

|   |                             |                      |     |   |   |    |     |         |          |       |
|---|-----------------------------|----------------------|-----|---|---|----|-----|---------|----------|-------|
| 1 | Pasche-Colloseus, Corinna   | TV Eschborn          | GER | W | W | 9  | 67  | 11:13,3 | +1:50,50 | S 177 |
| 2 | Seher, Ina                  | Towerrunning Germany | GER | W | W | 15 | 115 | 12:28,0 | +3:05,20 | S 42  |
| 3 | Dietrich, Sonja             | Team Dietrich        | GER | W | W | 17 | 119 | 12:30,5 | +3:07,70 | S 103 |
| 4 | Köhler, Bianca              | *Bruchköbel          | GER | W | W | 21 | 134 | 13:06,5 | +3:43,70 | S 99  |
| 5 | Kronenberger-Wilczek, Ellen | Mara-Tonis Mainz     | GER | W | W | 25 | 146 | 13:21,0 | +3:58,20 | S 158 |
| 6 | Baumgärtner, Kirsten        | LT Reifenberg        | GER | W | W | 36 | 187 | 14:30,6 | +5:07,80 | S 259 |
| 7 | Beyer, Stephanie            | *Egelsbach           | GER | W | W | 39 | 204 | 14:59,7 | +5:36,90 | S 111 |

## 16. SkyRun Messeturm Frankfurt - 01.06.2025

### Ergebnisliste M/W messeTurm -sprint-



| AK-Pl. | Name             | Verein/Team/*Ort      | Nat. | m/w | M/W | M/W-Pl. | Gesamt-Rang | Zeit    | Gap       | Startnr. |
|--------|------------------|-----------------------|------|-----|-----|---------|-------------|---------|-----------|----------|
| 8      | Köhler, Bettina  |                       | GER  | W   | W   | 43      | 215         | 15:22,5 | +5:59,70  | S 101    |
| 9      | Auber, Heike     | *Lauterbach           | GER  | W   | W   | 47      | 220         | 15:28,0 | +6:05,20  | S 59     |
| 10     | Eberhard, Helga  | Grafschaft            | GER  | W   | W   | 51      | 242         | 16:41,0 | +7:18,20  | S 55     |
| 11     | Ulbrich, Karin   | Mainz Mara-tonis      | GER  | W   | W   | 56      | 252         | 17:14,3 | +7:51,50  | S 263    |
| 12     | Semgart, Ulrike  | Igelfreunde Mettingen | GER  | W   | W   | 62      | 265         | 18:30,6 | +9:07,80  | S 157    |
| 13     | Hartnagel, Diane | *Mainz                | GER  | W   | W   | 70      | 279         | 19:51,9 | +10:29,10 | S 75     |
| 14     | Gehrig, Anette   | *Walldürn             | GER  | W   | W   | 74      | 284         | 20:16,8 | +10:54,00 | S 87     |

#### W60

|   |                |                         |     |   |   |    |     |         |           |       |
|---|----------------|-------------------------|-----|---|---|----|-----|---------|-----------|-------|
| 1 | Feindt, Ulrike | *Essen                  | GER | W | W | 27 | 152 | 13:26,8 | +4:04,00  | S 70  |
| 2 | Georgy, Ursula | *Köln                   | GER | W | W | 63 | 267 | 18:45,6 | +9:22,80  | S 261 |
| 3 | Freitag, Uta   | Towerrunning Germany    | GER | W | W | 66 | 273 | 19:25,9 | +10:03,10 | S 15  |
| 4 | Albert, Judith | *Oberhausen-Rheinhausen | GER | W | W | 69 | 277 | 19:40,0 | +10:17,20 | S 63  |

#### W70

|   |              |                       |     |   |   |    |     |         |           |      |
|---|--------------|-----------------------|-----|---|---|----|-----|---------|-----------|------|
| 1 | Roos, Birgit | SG 1862 Anspach e. V. | GER | W | W | 75 | 288 | 23:16,9 | +13:54,10 | S 82 |
|---|--------------|-----------------------|-----|---|---|----|-----|---------|-----------|------|

Anzahl Teilnehmer: 292